

Q&A: Attending Narcotics Anonymous (NA) Meetings

Some commonly asked questions and answers about attending Narcotics Anonymous (NA) meetings for the first time:

Q: Do I need permission from someone to attend a NA meeting?

A: No. If you are an addict or think you might have a problem with drugs you can attend any NA meeting (OPEN or CLOSED) in any city. If you are not an addict you are welcome to attend OPEN meetings.

Q: What's the difference between OPEN and CLOSED meetings?

A: Closed meetings are closed to the public (addicts or those who think they might have a drug problem). Open meetings welcome anyone wishing to experience our fellowship. Sometimes a new member prefers to come with a family member or friend to their first meeting; an open meeting facilitate this. Non addicts are usually asked not to share during the sharing portion of an open meeting.

Q: Who decides if I'm an addict?

A: You do.

Q: How much does it cost to attend a meeting?

A: There are no fees or dues.

Q: How do I become a member?

A: You are a member when you say you are.

Q: Do I have to share during the sharing portion of the meeting?

A: No.

Q: Can I leave early or arrive a few minutes late to a meeting?

A: You can come and go as you please. There is no attendance.

Q: Do I have to join a group before I attend the meeting?

A: No.

Q: Do I have to give any information about myself at or before the meeting?

A: No.