

**GOLDEN TRIANGLE AREA SERVICE COMMITTEE OF NARCOTICS
ANONYMOUS MEETING MINUTES
September 09, 2017**

Minutes prepared by Eric W- Secretary)

Chairperson Jay M. conducted the meeting
Meeting started at 10:10 AM
Service Prayer read by Al M.
12 Concepts read by Dan D..

17 GSR's were present.
Quorum was achieved.

Review of the Minutes from last month

Chairperson asked if there were any questions or comments on last month's minutes.

Q&A: none

Motion to accept the July minutes by Shawn J and seconded by Roger F.

Vote taken 16/0/1 Motion Carried.

Notes: Please provide email addresses and/or verify accuracy

GSR REPORTS

| Group Name | GSR | Attendance | Report |
|------------------------|--------------|-------------------|---------------|
| Awakening | Marty L | Present | Y |
| Changing Lanes | | Absent | Y |
| Clean Awakenings | Brad K | Present | Y |
| Clean Freaks | Derek A. | Present | Y |
| Clean Times | Rick M. | Present | Y |
| Freedom | Larry M | Present | Y |
| Friendship | Paul A. | Present | Y |
| Hope | Rick L. | Absent | N |
| Inside Recovery | Dan D. | Present | Y |
| Just For Today | Jay D. | Present | Y |
| Keep It Simple | Danny C. | Present | Y |
| Living Clean | Greg B. | Present | Y |
| Lust For Life | Bryan C. | Absent | N |
| Miracle in the Morning | | Absent | Y |
| More Will Be Revealed | Rob L | Present | Y |
| Phoenix | Deanna S. | Present | Y |
| Saturday Night Live | Martine P.H. | Present | Y |
| Step Into Recovery | Jenn G | Present | Y |
| Stepping Stones | Rodger F | Present | Y |
| Together We Can | Shawn J | Present | Y |
| Welcome Home | Marc S. | Present | Y |

No Questions for GSRs

SUB-COMMITTEE REPORTS

| Sub-committee | Chair | Attendance | Report |
|-------------------------------|---------------------|------------|------------|
| Activities | Jason D (alt.chair) | Present | Y |
| Email: activities@gtascna.org | | | |
| Literature | Dan D | Present | Y (verbal) |
| Email: literature@gtascna.org | | | |
| Newsletter | Morgan R. | Present | Y |
| Email: nun@gtascna.org | | | |
| PR | Bryan C. | Absent | Y |
| Email: hi@gtascna.org | | | |

Notes:

Sub-Committee Questions and Answers

Secretary ask that reports by sent in by day end or they will not be included in the minutes.

Motion to accept the Area Sub-Committee Reports made by Greg B. and seconded by Rick M..

Vote taken 17/0/0 Motion Carried.

G.T.A.S.C. SERVICE OFFICER REPORTS

| Position | Name | Attendance | Report |
|--------------------------------|----------|------------|--------|
| Chair | Jay M. | Present | y |
| Email: chairperson@gtascna.org | | | |
| Alt Chair | Derek A | Present | Y |
| Email: altchair@gtascna.org | | | |
| Treasurer | Allan M. | Present | Y |
| Email: treasurer@gtascna.org | | | |
| Alt Treasurer | Vacant | Vacant | Vacant |
| Email: treasurer@gtascna.org | | | |
| Secretary | Eric W. | Present | Y |
| Email: secretary@gtascna.org | | | |
| Alt Secretary | Vacant | Vacant | Vacant |
| Email: secretary@gtascna.org | | | |
| RCM | Kathy T. | Present | Y |
| Email: rcm@gtascna.org | | | |
| Alt RCM | Jenn G | Absent | N |
| Email: rcm@gtascna.org | | | |
| ASCR | Danny C | Present | Y |
| Email: ascr@gtascna.org | | | |

Notes:

Service Officer Reports Questions and Answers:

Chairperson announces a change of venue for the November GTASC meeting.
Treasurer was asked about the spreadsheet for minutes, he will email it to Secretary by days end.

Motion to accept G.T.A.S.C. Service Officers Reports, excluding the Treasurer's report, made by Deanna S. and seconded by Greg B..

Vote Taken 16/0/1. Motion Carried.

Meeting adjourned for break at 10:55 am.
Meeting reconvened at 11:12am by Jay M
Moment of Silence
Service Prayer
16 voting members were present.
Quorum achieved.

OLD BUSINESS

- 1) Archive Ad-Hoc – Marc S gave a verbal report, states he needs access to the storage locker and will submit a final report in Oct with proposed Policy.
- 2) Campout Ad-Hoc – Greg B gave a verbal report. He has contacted the GRCA regarding potential availability and has a meeting set up to discuss costs ect. More to report in October.

ELECTIONS:

Alt. Treasurer Position is vacant (1 year clean time required)

THIS NEEDS IMMEDIATE ACTION: GSR'S PLEASE LET YOUR GROUP KNOW. THIS POSITION IS OPEN.

Alt. Secretary Position is vacant (1 year clean time required)

THIS NEEDS IMMEDIATE ACTION: GSR'S PLEASE LET YOUR GROUP KNOW. THIS POSITION IS OPEN.

NEW BUSINESS

- 1) Kathy T (RCM) asked for a discussion regarding a Policy change to the Region Committee to only have RCMs voting, removing elected officers from voting positions. Discussions issues – Rick M, Derek A, Eric W.
Straw poll taken 11 in favour; 2 opposed; 3 abstained
- 2) **Motion #1** made by Eric W and seconded by Shawn J. To approve over budget expenses of \$284.00 for delegated RCM travel to North Bay ORSC meeting in July.
Intent – to fulfill Article 16.4 of GTASC P+Gs
For 15 – against 0 – Abstain 2 PASSED
- 3) **Motion #2** made by Derek A. and seconded by Dan D. To pre-approve an over budget expenditure for travel plus per diem totaling \$41.02 to allow ASCR to attend the Sept 16 ORCNA meeting.
Intent – to allow ASCR to attend meeting and allow them to properly assess if they require additional funds for Fiscal Year 2018.
Motion to Amend by Rick M and seconded by Roger F. to include the Nov meeting therefore adding an additional \$141.04. For 13 – against 3 – Abstain 1 AMENDED
Vote for amended motion which now reads - To pre-approve an over budget expenditure for travel plus per diem totaling \$182.08 to allow ASCR to attend the Sept 16 and November's ORCNA meeting.
For 13 – against 3 – Abstain 1 PASSED **as amended**
- 4) Go To Meeting - Derek A discussed information about electronic meetings.

Meeting closed – 12:10

Closed with a Moment of Silence, followed by the Third Step Prayer.

Next meeting October 14, 2017 (2nd Saturday), at 10:00am

GTASCNA Service Committee Meeting Dates 2017

November 11, 2017 (2nd Saturday),

******NOTE******

Our meeting on November the 11th is being moved to the David Durward Centre/Arts Centre beside the City Hall in downtown Galt. The access for the building is through the Arts Centre and we are to meet in the Dining Room of the David Durward Centre. There is no access to the Dining Room except through the Arts Centre.

December 09, 2017 (2nd Saturday).

Meetings to be held 10:00 Am @ Allan Reuter Centre, 507 King Street East, Cambridge, ON.

Admin meeting held at 9:30 Am @ Allan Reuter Centre, 507 King Street East, Cambridge, ON.

******NOTE******

Our meeting on November the 11th is being moved to the David Durward Centre/Arts Centre beside the City Hall in downtown Galt. The access for the building is through the Arts Centre and we are to meet in the Dining Room of the David Durward Centre. There is no access to the Dining Room except through the Arts Centre.

GOLDEN TRIANGLE
AREA SERVICE COMMITTEE
ATTENDANCE SHEET

(PLEASE PRINT YOUR FIRST NAME AND LAST INITIAL)

Officers:

Date: 09/09/17

Chairperson JAY M

Alt. Chairperson Derek A.

Secretary ERIC W

Alt. Secretary ~~ERIC W~~

Treasurer ALAN M

Alt. Treasurer _____

RCM KATHY T.

Alt. RCM _____

Sub-Committee Chairpersons:

Activities Jason D

PI/Helpline _____

H&I _____

Literature Dan D

Newsletter Morgan R

Gorging _____

ASCR Darwin C

Other _____

GSR's or Alternates:

Awakening MERRY L

Phoenix Perennial S

2 Changing Lanes _____

Saturday Night Live MARTINE P.H

Clean Awakenings BRAD K

Step Into Recovery Jenn G.

Clean Freaks Derek A

Stepping Stones Rodger F.

Clean Times Rick M

Together We Can SHAWN J

Freedom LARAM M

Welcome Home Marc S.

Friendship PAULO A

Hope _____

Missed or New _____

Inside Recovery Dan D

Visitors _____

Just For Today Jason D

Keep It Simple Darwin C

Living Clean Greg B

Lust for Life _____

More Will Be Revealed Rick M

miracle in the morning.

Rick M. for Vince B.

Monthly Attendance Record

Date: July 2017 -

| GROUP NAME | JAN | FEB | MAR | APR | MAY | JUNE | JULY | AUG | SEPT | OCT | NOV | DEC |
|------------------------|-----|-----|-----|-----|-----|------|------|-----|------|-----|-----|-----|
| Awakening | | | | | | | ✓ | ✓ | ✓ | | | |
| Changing Lanes | | | | | | | A | A | A | | | |
| Clean Awakenings | | | | | | | ✓ | ✓ | ✓ | | | |
| Clean Freaks | | | | | | | ✓ | ✓ | ✓ | | | |
| Clean Times | | | | | | | ✓ | ✓ | ✓ | | | |
| Freedom | | | | | | | ✓ | ✓ | ✓ | | | |
| Friendship | | | | | | | ✓ | ✓ | ✓ | | | |
| Hope | | | | | | | | ✓ | ✓ | | | |
| Inside Recovery | | | | | | | ✓ | ✓ | ✓ | | | |
| Just For Today | | | | | | | A | A | ✓ | | | |
| Keep It Simple | | | | | | | | ✓ | ✓ | | | |
| Living Clean | | | | | | | ✓ | ✓ | ✓ | | | |
| Lust For Life | | | | | | | ✓ | ✓ | ✓ | | | |
| More Will Be Revealed | | | | | | | ✓ | ✓ | ✓ | | | |
| Phoenix | | | | | | | | ✓ | ✓ | | | |
| Saturday Night Live | | | | | | | | ✓ | ✓ | | | |
| Step Into Recovery | | | | | | | ✓ | ✓ | ✓ | | | |
| Stepping Stones | | | | | | | ✓ | ✓ | ✓ | | | |
| Together We Can | | | | | | | ✓ | ✓ | ✓ | | | |
| Welcome Home | | | | | | | ✓ | ✓ | ✓ | | | |
| Miracle in the Morning | | | | | | | | A | A | | | |

Monthly Attendance Record

| | JAN | FEB | MAR | APR | MAY | JUNE | JULY | AUG | SEPT | OCT | NOV | DEC |
|-----------------------|-----|-----|-----|-----|-----|------|------|-----|--------|-----|-----|-----|
| SUB COMMITTEE | | | | | | | | | | | | |
| Activities | | | | | | | | | | | | |
| C / AC / Other | | | | | | | ✓ | ✓ | ✓ | | | |
| Literature | | | | | | | ✓ | AC | ✓ | | | |
| C / AC / Other | | | | | | | ✓ | ✓ | ✓ | | | |
| Newsletter | | | | | | | ✓ | vac | ✓ | | | |
| C / AC / Other | | | | | | | ✓ | ✓ | ✓ | | | |
| PR | | | | | | | ✓ | ✓ | report | | | |
| C / AC / Other | | | | | | | ✓ | ✓ | A | | | |
| ADMINISTRATION | | | | | | | | | | | | |
| Chairperson | | | | | | | ✓ | ✓ | ✓ | | | |
| Alt Chairperson | | | | | | | ✓ | A | ✓ | | | |
| Treasurer | | | | | | | ✓ | A | ✓ | | | |
| Alt Treasurer | | | | | | | vac | vac | vac | | | |
| Secretary | | | | | | | vac | vac | vac | | | |
| Alt Secretary | | | | | | | vac | vac | vac | | | |
| RCM | | | | | | | ✓ | ✓ | ✓ | | | |
| Alt RCM | | | | | | | A | ✓ | A | | | |
| ACSR | | | | | | | A | ✓ | ✓ | | | |

September 9, 2017

Chair Report

GTASCNA

I realized after our last meeting that I forgot to check ahead in the calendar for upcoming tasks and realized that subcommittees were required to bring their budgets to this meeting. Fortunately I was able to speak with the Treasurer, the Literature Chair, The PR Chair and the outgoing NUN Chair. With the new members coming to the table there was some confusion regarding email addresses and contact numbers being available. I reached out to the secretary in the hopes that he would be able to contact the Activities Chair.

Our meeting on November the 11th is being moved to the David Durward Centre/Arts Centre beside the City Hall in downtown Galt. The access for the building is through the Arts Centre and we are to meet in the Dining Room of the David Durward Centre. There is no access to the Dining Room except through the Arts Centre.

I am submitting a receipt for reimbursement of printing supplies.

Please continue to announce the alternate Treasurer and Secretary positions at your home groups.

ILS

Jay M.

Greetings,

All required duties were completed. Mail was picked up and brought to area.

This month I'll be following up on signing authority, getting the boxes to the Secretary and the USB key to the newsletter.

In loving service,

Derek A

Get Outlook for Android [1]

Sept 9, 2017

Good day friends,

We are in the green as the indicator states and we are reconciled.

I did not bring a copy of the July report as I ran out of ink, the spreadsheet will be forwarded to the secretary next week for distribution.

I have an outstanding expense for RCM travel which needs approval at this table. The amount is \$452.40. The remaining budget for 2017 is \$168.40 a difference of \$284.

This should be added to new business for group conscience.

Sub Committee budgets are due today, if you do not have them to submit then they need to be sent to me asap. If no budgets are submitted then they will be either left the same or based on the past 2 years spending trends for 2018.

Receipts will be completely up to date and distributed at the Oct area meeting. The plan moving forward will be to do receipts and distribute at the same meeting.

In Loving Service

Alan M

Sent from my iPhone

August

| | | | | |
|------------------------------------|-------------------|--------------|---------------|-------------------------|
| MEETING DATE | September Meeting | | | |
| ACCOUNT BALANCE | \$3,803.63 | | | |
| PRUDENT RESERVE | \$2,798.23 | | | |
| FINANCIAL HEALTH INDICATOR | G | | Legend | R Below prudent reserve |
| | | | | Y Revenues < Expenses |
| | | | | G Revenues > Expenses |
| | Jun-15 | YEAR TO DATE | | |
| REVENUES | | | | |
| CONTRIBUTIONS | \$ 1,011.91 | \$ 3,640.90 | | |
| ACTIVITIES | \$ - | \$ 649.00 | | |
| OTHER | \$ - | \$ 11.25 | | |
| TOTAL | \$ 1,011.91 | \$ 4,301.15 | | |
| EXPENSES | | | BUDGET | REMAINING |
| ADMINISTRATIVE | | \$ 1,120.42 | \$ 1,546.00 | \$ 425.58 |
| PRINTING | \$ 36.16 | \$ 279.38 | \$ 790.00 | \$ 510.62 |
| PR (formerly H&I / PR) | | \$ 265.50 | \$ 2,450.00 | \$ 2,184.50 |
| Newsletter | | \$ 413.12 | \$ 1,072.00 | \$ 658.88 |
| RCM | | \$ 181.60 | \$ 350.00 | \$ 168.40 |
| ASCR | | \$ - | \$ 200.00 | \$ 200.00 |
| ACTIVITIES | | \$ 698.62 | \$ 1,200.00 | \$ 501.38 |
| TOTAL | \$ 36.16 | \$ 2,958.64 | \$ 7,608.00 | \$ 4,649.36 |
| OPERATING SURPLUS (DEFICIT) | \$ 975.75 | \$ 1,342.51 | | |
| LITERATURE | | | | |
| REVENUES | \$ 820.30 | \$ 6,279.30 | | |
| EXPENSES | \$ 793.50 | \$ 6,177.25 | | |
| LITERATURE SURPLUS DEFICIT | \$ 26.80 | \$ 102.05 | | |
| TOTAL FUND SURLUS (DEFICIT) | \$ 1,002.55 | \$ 1,444.56 | | |
| Donations to Next Level of Service | | | \$ | 1,569.40 |

GTASCNA - CASH FLOW STATEMENT

| | |
|-----------------------------|-------------|
| Beginning Balance | \$ 4,218.58 |
| this month's revenue | \$ 1,832.21 |
| this month's expenses | \$ 829.66 |
| Ending Balance - Operations | \$ 5,221.13 |

BANK RECONCILIATION AND NOTES

| | |
|---------------------|-------------|
| Ending Fund Balance | \$ 5,221.13 |
| Add O/S Cheques | |
| 1123 | \$ 60.00 |
| 1140 | \$ 793.50 |
| | \$ 853.50 |
| Add O/S deposit | \$ 1,832.21 |

LESS: OUTSTANDING DEPOSIT

| | |
|------------------------|-------------|
| RESTATED BOOK BALANCE | \$ 4,367.63 |
| July 31th Bank Balance | \$ 4,367.63 |
| | 1,569.40 |

Account Activity - Historical Details

COMMUNITY PLAN PLUS - 68 5001698 \$4,367.63 ▾

OK

August 2017 ▾

Balance as of Sep 08, 2017: \$4,367.63
Available Balance as of Sep 08, 2017*: \$4,367.63

Reverse Date Order

[Bottom](#)

| Date | Description | Debit | Credit | Balance |
|--------------|----------------------|--------|--------|------------|
| Aug 31, 2017 | CHQ#01139-0200223569 | 36.16 | | \$3,315.67 |
| Aug 11, 2017 | CHQ#01137-0144347909 | 451.80 | | \$3,351.83 |
| Date | Description | Debit | Credit | Balance |

[Top](#)

*Includes available overdraft limit and any funds subject to a hold.

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Secretary Report

Sept/09/17

I have completed the minutes and have 5 copies here to distribute if required. Email has been challenging as my work computer will not allow access and my phone does not have screen space to compose a letter. I will be acquiring another laptop before Oct meeting and will continue to work around my limitations. my apologies to the MN subcommittee as I failed to ^{send you} ~~send~~ I received all the templates but did not get the info/direction required to post minutes on web site. Also I kind of forgot since after the meeting until the 11th hour, Plus I have not received the Secretary Archives so only have July + Aug minutes to post.

Have not received Secretary files but have a commitment by Ald Chair to deliver next weekend.

In the Spirit of Service

Eric W

Monthly Group (GSR) Report

Monthly GSR Report to the Golden Triangle Area Service Committee of Narcotics Anonymous. It is very important to submit this update each month to the GTASC. Please submit this completed form to the GTASC Secretary after you give your verbal report. Please print clearly.

Group Name: PR SUB COMMITTEE Date: 08/09/17

GSR or Alternate (First name and last initial only): BRYAN C

Phone: _____

Mailing address or e-mail address: _____

Financial Status

Prudent Reserve: _____

Opening Balance: _____ (Closing balance from last month)

Total Income: _____ A

Total Expenses: _____ B

GTASC Contribution: _____ C

Closing Balance: _____ (subtract lines B&C from A)

Groups are encouraged to seek their own solutions to the challenges they face, but sometimes a Group encounters a problem that is beyond any of its members experience. When this occurs, GSRs can share their concern with the GTASC in this report, facilitating discussion and hopefully providing some wisdom and experience to bring back to the group. This report is also a forum to let other groups and the Area know what has been happening at your Group. How many newcomers? How are you carrying the message? Are you getting good support? Have you tried a new meeting format? What's New? How can we help or serve you better?

HELLO EVERYONE, SORRY FOR MY ABSENCE BUT IT COULD NOT BE HELPED. ALL IS WELL IN PR LAND, I AM STILL LEARNING AND THE COMMITTEE MEMBERS ARE GIVING ME THEIR UTMOST SUPPORT. WITH THAT SAID I HAVE FALLEN SHORT OF MY RESPONSIBILITY IN REGARDS TO SUBMITTING A BUDGET. I WAS NOT AWARE IT WAS DUE AND DID NOT REACT IN A TIMELY MANNER AFTER FINDING OUT THAT IT WAS. THIS IS NOT AN EXCUSE, ONLY AN EMISSION OF WHAT HAPPENED. SHOULD THE TABLE SEE FIT TO GIVE ME A WEEK TO GET TOGETHER WITH THE TREASURER I WILL RECTIFY MY PROCRASTINATION. I THANK YOU IN MY ABSENCE FOR YOUR UNDERSTANDING. ON ANOTHER NOTE I HAVE GIVEN MARTINE SOME FLYERS THAT SHOULD BE GIVEN TO ALL ATTENDING GSR'S. IT IS AN UPDATE IN REGARDS TO NEEDING A VULNERABLE PERSONS CHECK FOR YOUTH 180.

AGAIN THANK YOU FOR YOUR UNDERSTANDING
IN LOVING SERVICE
BRYAN C



GOLDEN TRIANGLE AREA NARCOTICS ANONYMOUS



Newsletter Subcommittee Report September, 2017

Hi, this month's Newsletter cost \$87.46 for 155 copies, this includes \$6.00 for folding and fees for rush delivery. The cost per for rush delivery is 22 cents vs 17 cents. I am looking into various ways to reduce costs and will have an update next meeting.

I am circulating a Newsletter for corrections. Not for suggestions or "ideas" but please add any corrections or forgotten birthdays. We would like to make the adjustments before we upload the Newsletter online. Please have a good look, you're a very important part of the process.

Please let your group members know that if they would like to join the Newsletter that we meet at the Williams Cafe in the Waterloo – close to the university at 5pm, last Sunday of the month.

Please continue to inform our fellow group members that we are emailing the newsletter out. Anybody who wishes to receive the newsletter emailed must email the NUN their first name, initial and email address. Each month we will email a PDF which can be opened with a computer, tablet or phone. This will happen after the Newsletter has been corrected.

Lastly I would like to thank our NA community for this month's Newsletter and the opportunity that was given to me to serve our Area.

Morgan R
Newsletter Chair/Subcommittee
nun@gtascna.org

Literature Chairs email

Gd morning everyone, the cheque to Region for the Lit order was \$ 793.50. The Phenoix group had given there Lit order last month with the Regional order form and that total was \$130.10 when the actual total from the Area order was \$141.15 for a difference of \$11.05, plus they are missing 10 White Key tags for a total of \$9.00. So they owe \$2.05.

If you have an bags, PLEASE bring them back In loving service Dan

Sent from my iPhone

Activities Sub - Committee

09 SEPTEMBER 2017

Report

Good morning

The activities committee is currently planning our Halloween event. The flyers *have been created* submitted to the MUN, and printed for distribution to the homegroups.

An adhoc meeting has been planned for Sunday, September 10, to finalise details *and prepare a* budget.

The event budget will be presented to area for approval during the October *meeting.*

Our annual budget has not been submitted, under the presumption that it *shall remain unchanged.*

Yours in loving service

Jason D

ASCR REPORT. SEPT 9/17

NOTHING TO REPORT AS THE
NEXT ORCNA 31 MEETING
NEXT WEEKEND SEPT 16/17 @ 10AM
BLUE MOUNTAIN WHICH I WILL
BE ATTENDING.

ILS

Danny C.